

# Sauces Sauces Sauces Sauces

Delicious flavours of India

NUTRITION FACTS / VALEUR NUTRITIVE per / par 100 ml (100 g)

## Base Curry



AMOUNT TENEUR (per/par 100ml (100g))	% DAILY VALUE % VALEUR QUOTIDIENNE
Calories / Calories 80	
Fat / Lipdes 4 g	6%
Saturated / saturés 0.6 g	3%
+ Trans / trans 0 g	
Cholesterol / Cholestérol 1 mg	
Sodium / Sodium 722 mg	30%

Carbohydrate / Glucides 10 g	3%
Fibre / Fibres 3 g	12%
Sugars / Sucres 6 g	
Protein / Protéines 2 g	
Vitamin A / Vitamine A	67%
Vitamin C / Vitamine C	3%
Calcium / Calcium	3%
Iron / Fer	10%

## Madras



AMOUNT TENEUR (per/par 3 Saucées 100g)	% DAILY VALUE % VALEUR QUOTIDIENNE
Calories / Calories 90	
Fat / Lipdes 6 g	8%
Saturated / saturés 3 g	11%
+ Trans / trans 0 g	
Cholesterol / Cholestérol 1 mg	
Sodium / Sodium 881 mg	37%

Carbohydrate / Glucides 9 g	3%
Fibre / Fibres 3 g	12%
Sugars / Sucres 6 g	
Protein / Protéines 2 g	
Vitamin A / Vitamine A	20%
Vitamin C / Vitamine C	3%
Calcium / Calcium	4%
Iron / Fer	7%

## Date & Tamarind

Serve chutney as a condiment/dipping sauce  
or use as an ingredient to a delicious recipe



## Cilantro & Jalapeño

Serve chutney as a condiment/dipping sauce  
or use as an ingredient to a delicious recipe